



Getting help and support

WITH DOMESTIC ABUSE
FOR PEOPLE OVER 55



staffs housing

Domestic abuse can happen to anyone and equally anyone can be an abuser. So, it's important you know how to spot the signs and where to go for help and support.

DEFINITION

"Domestic violence, also called domestic abuse, includes physical, emotional, financial and sexual abuse in a relationship or between family members".

Did you know?

People aged over 61+ are much more likely to experience abuse from an adult family member or a current intimate partner than those under 60.

Getting help and support

It's your right to be safe at any age. You don't have to put up with domestic abuse. If you're experiencing it, it's important you tell someone.

You're not alone, our Housing Officers are trained to deal with disclosures and can help you find support. They regularly visit schemes so you can stop and talk to them while they're out or call **01782 744533** or email **neighbourhoods@staffshousing.org.uk**

Other ways to get support

Over 55s domestic abuse support

Call: 0808 808 8141

Text: 07860 052906

Glow domestic abuse support

0330 0945 559 (Staffordshire)

0133 2985 111 (Derbyshire)

New Era domestic abuse support

0300 303 3778 (Stoke-on-Trent and Staffordshire)

Speak to your GP

Domestic abuse hotline

0808 2000 247

helpline@womensaid.org.uk

Male domestic abuse advice line

0808 8010 327

info@mensadviceline.org.uk

Forced marriage line

020 7008 0151

fmu@fcdo.gov.uk

In an emergency call 999